

# **Q&A: Prescription Drug List**

## What is a prescription drug list?

Your prescription drug benefit plan is based on the Blue Cross and Blue Shield of Montana drug list. It is a list of drugs routinely reviewed and chosen based on the recommendations of a group of people from throughout the country who hold a medical or pharmacy degree. U.S. Food and Drug Administration (FDA)-approved drugs are chosen based on their safety, cost and how well they work.

The Enhanced Drug List is a smaller version of the Basic Drug List. It has mostly generic and select preferred brand drugs.

The Balanced Drug List, Performance Drug List, Performance Select Drug List and 2024 Drug List (for Metallic plans) show all covered drugs.

Major drug classes are covered on all drug lists. To learn more about your drug list, please call the number on your ID card.

## Why should I use the drug list?

Your prescription drug list has many levels of coverage, called tiers. Each tier has its own cost. As a rule, your copay/coinsurance amount will be less for covered drugs in the lower tier. For example, the cost for preferred brand drugs is often lower than for non-preferred brand drugs.

If your benefits are based on the Basic or Enhanced Drug List, most medicines may be covered that are not on the drug list, but you may pay more out of pocket. If your benefits are based on the Balanced Drug List, Performance Drug List, Performance Select Drug List or 2024 Drug List (for Metallic plans), medicines that are not shown on these drug lists are not covered. You will need to pay for the full cost of the medicine.

The drug list is a source for your doctor when prescribing medicines. But it is up to you and your doctor to decide the medicine that is best for you.

## Why use generic drugs?

Generics are medicines that are safe and work just as well as a brand drug. Generics often cost less than a

brand drug. A generic can usually be substituted for a brand drug if it has the same active ingredients, the same strength and dosage and gives the same results. Talk to your doctor or pharmacist to find out if a generic drug is right for you.

## How do I know if a drug is on the drug list and what my cost will be?

The other side of this flier lists some commonly prescribed generic and preferred brand drugs. If a drug you are looking for is not on this flier, search the full drug list at **bcbsmt.com/rx-drugs/drug-lists/drug-lists** or call customer service at the number on your BCBSMT member ID card.

How much you may pay out of pocket will be based on your plan benefits and what tier the drug is on your drug list. To find out what you will pay, log in to your Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) account at **bcbsmt.com** or call customer service at the number on your BCBSMT member ID card.

**Please note:** Drugs that call for a health care provider to give them to you (often in a hospital, doctor's office or other health care setting) may be covered under your health plan's medical benefit instead of your pharmacy benefits. These drugs are not on the drug list. If you have questions about these drugs, please call customer service at the number on your BCBSMT member ID card.

## What are dispensing limits?

Some drugs listed on the drug list may have additional requirements, or extra steps to take before getting your prescription filled. One of those requirements is dispensing limits. This means you may only be able to get a certain amount of your drug at one time. For example, the osteoporosis drug Actonel<sup>®</sup> (risedronate) can only be filled as 30 tablets per 30 days because the FDAapproved labeling recommends the dose of one 5 mg tablet taken daily by mouth.

## What if I have questions?

Call customer service at the number on your ID card, 24 hours a day, 7 days a week, or visit **bcbsmt.com**.

## October 2024 Commonly Prescribed Drugs

This list is a sample of commonly prescribed generic and preferred brand drugs. See the full and up-to-date BCBSMT prescription drug lists at **bcbsmt.com/rx-drugs/drug-lists/drug-lists**. The online drug list (Balanced Drug List, Basic Drug List, Enhanced Drug List, Performance Drug List, Performance Select Drug List and 2024 Drug List for Metallic plans) may be changed as often as four times a year, based on your prescription drug benefit plan. Some online drug lists (Annual versions) may only be changed once a year, based on your plan benefits. The drug list may show medicines not covered under your prescription drug benefit plan. Also, prescription versions of over-the-counter (OTC) medicines may not be covered based on your plan. If you have questions about your benefits, call the number on your ID card.

#### **ANTIHYPERTENSIVES**

#### Angiotensin Converting Enzyme (ACE) Inhibitors and Combinations

benazepril hcl tab enalapril maleate tab enalapril maleate-hydrochlorothiazide tab fosinopril sodium tab lisinopril tab lisinopril-hydrochlorothiazide tab quinapril hcl tab ramipril cap trandolapril tab

## Angiotensin II Receptor Antagonist (ARBs) and Combinations

candesartan cilexetil tab candesartan cilexetil tab candesartan cilexetil-hydrochlorothiazide tab irbesartan tab irbesartan-hydrochlorothiazide tab losartan potassium-hydrochlorothiazide tab olmesartan medoxomil tab olmesartan medoxomil hydrochlorothiazide tab telmisartan tab valsartan tab valsartan-hydrochlorothiazide tab

#### Beta Blockers and Combinations

atenolol tab atenolol-chlorthalidone tab bisoprolol fumarate tab bisoprolol-hydrochlorothiazide tab carvedilol tab labetalol hcl tab metoprolol succinate tab metoprolol tartrate tab propranolol hcl tab

#### Calcium Channel Blockers and Combinations

amlodipine besylate tab amlodipine besylate-benazepril hcl cap diltiazem hcl tab felodipine tab er 24hr nifedipine tab er 24hr osmotic release verapamil hcl tab

#### Other Antihypertensives

clonidine hcl tab doxazosin mesylate hydralazine hcl tab minoxidil tab prazosin hcl terazosin hcl cap

#### ASTHMA/COPD

ADVAIR HFA albuterol sulfate ANORO ELLIPTA **ARNUITY ELLIPTA** ASMANEX HFA ASMANEX TWISTHALER **BREO ELLIPTA BREZTRI AEROSPHERE** COMBIVENT RESPIMAT DULERA FASENRA PEN fluticasone-salmeterol diskus **INCRUSE ELLIPTA** ipratropium bromide inhal soln ipratropium-albuterol nebu soln levalbuterol hcl soln nebu conc montelukast sodium NUCALA OVAR REDIHALER SEREVENT DISKUS SPIRIVA HANDIHALER SPIRIVA RESPIMAT STIOLTO RESPIMAT STRIVERDI RESPIMAT SYMBICORT TEZSPIRE theophylline tab er 24hr TRELEGY ELLIPTA XOLAIR

#### **CHOLESTEROL**

atorvastatin calcium tab colesevelam hcl ezetimibe tab fenofibrate micronized cap fenofibrate tab gemfibrozil tab lovastatin tab pravastatin tab rosuvastatin tab simvastatin tab

#### **DEPRESSION**

amitriptyline hcl tab bupropion hcl tab citalopram doxepin hcl duloxetine hcl escitalopram tab fluoxetine hcl imipramine hcl tab mirtazapine tab nortriptyline hcl cap paroxetine hcl tab sertraline hcl trazodone hcl tab venlafaxine hcl tab

#### DIABETES

acarbose tab **BAQSIMI ONE PACK BYDUREON BCISE** FARXIGA FIASP glimepiride tab glipizide tab er glipizide-metformin hcl tab GLUCAGON EMERGENCY KIT glvburide micronized tab glyburide tab glyburide-metformin tab GLYXAMBI GVOKE KIT HUMALOG HUMALOG JUNIOR KWIKPEN HUMALOG MIX 50/50 HUMALOG MIX 50/50 KWIKPEN HUMULIN 70/30 HUMULIN 70/30 KWIKPEN HUMULIN N HUMULIN N KWIKPEN HUMULIN R IANUMET JANUMET XR JANUVIA IARDIANCE LEVEMIR LEVEMIR FLEXPEN LYUMIEV LYUMJEV KWIKPEN metformin hcl tab MIGLITOL MOUNJARO nateglinide tab NOVOLIN 70/30 NOVOLIN N NOVOLOG NOVOLOG FLEXPEN NOVOLOG MIX 70/30 NOVOLOG PENFILL OZEMPIC pioglitazone hcl-metformin hcl tab pioglitazone hcl tab repaglinide tab RYBELSUS SEMGLEE **SOLIQUA 100/33** SYNIARDY SYNJARDY XR TOUJEO MAX SOLOSTAR TRESIBA TRIJARDY XR TRULICITY XIGDUO XR XULTOPHY 100/3.6 ZEGALOGUE